

## Editor's Note

We are coming with the second edition of our newsletter this year, Focus APRIL 2022 issue. In the past 2 months, the focus has been on growth and continuation of good practices in all departments. As part of the ongoing 25th year celebrations, the Susruta School of Optometry and the Department of Optometry in GEI had planned various programs in the past 2 months. The World Optometry day was celebrated with great zeal and enthusiasm! The Glaucoma awareness week, during second week of March saw a lot of activity, awareness campaigning and free intra ocular pressure check-up for patients, bystanders and drivers! The vision enhancement clinic needs a special mention, since we need to increase the awareness about this facility among staff, doctors and our patients alike! Our service for patients in Munnar has started with the first team visiting and operating in month of Feb and March 2022! We had amazing entries for our ART corner and it says a lot about the various talents our colleagues have! I hope you enjoy reading this April edition and best wishes to all from the editor's desk.

- Dr Vanashree M Nair

## VISION ENHANCEMENT CLINIC (LOW VISION AID CLINIC)

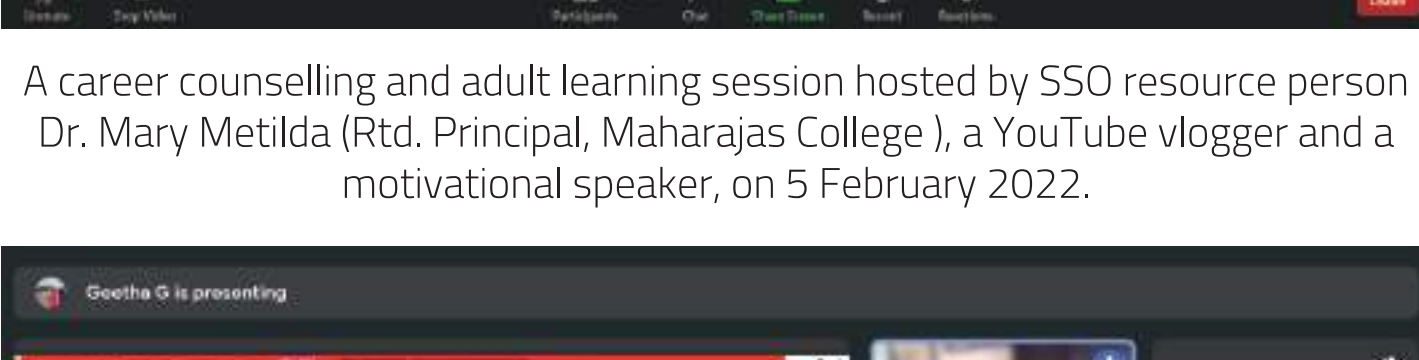


Low vision patients are those who have a disability due to impairment in visual functions after conventional eye care. That means, after all possible available treatments, the visual function is suboptimal, hampering the patient's ability to read or do day to day activities. Our low vision clinic- **Kusumdevi Bhaloti Vision Enhancement Centre** aims to maximize the use of residual vision and help them to cope with vision loss there by, maximizing their potential to live independently. Low vision care is a challenging yet satisfying job. Our Optometrists, doctors and staff have a holistic approach to low vision patients. Different conditions lead to different problems and difficulties; each has to be addressed differently. We conduct a detailed visual evaluation and function test to provide corrective devices-optical/non-optical aids, orientation and mobility training, rehabilitation, psychological and emotional support to minimize the disability and to enhance visual

performance. Patients often approach with the complaints of difficulty to read, write, walk, difficulty to see black board, difficulty to drive, identify faces etc. Based on their needs we give appropriate guidance. Innovation in technology and devices offer additional support in patient care. It is not just about giving devices, we provide considerable attention to their social, physiological and emotional factors. Rehabilitation and confidence building play a vital role in low vision care. Reviews and training sessions are held to ensure successful integration and use of the recommended care plan. Referrals are made in case of need. We offer one of the most comprehensive low vision care and rehabilitation there by, helping the individuals lead a happy independent life. As optometrists, we feel immense pleasure and satisfaction in helping individuals and making a positive difference in their lives.

- Ms. Sreeshma T S

### Our services are now available at TATA Highrange Hospital, Munnar



## 25th year programmes

February 2022 - Organized by Susruta School of Optometry(SSO)



A career counselling and adult learning session hosted by SSO resource person Dr. Mary Metilda (Rtd. Principal, Maharajas College ), a YouTube vlogger and a motivational speaker, on 5 February 2022.



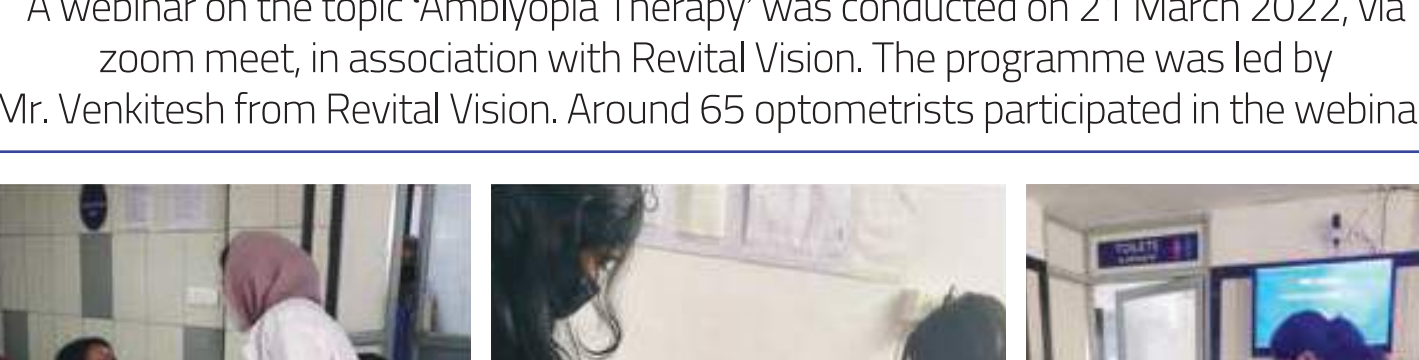
Webinar conducted on 24 February 2022 on the topic 'Scientists in India', by Mr. Anantha Narayanan, Former Scientist in NPOL.



A session on 'How to search for an article' by Mr. Umesh Kumar PV, Librarian GEI on 25 February 2022



A Quiz programme 'All about eye glasses', conducted by internship students of SSO on 28 February 2022



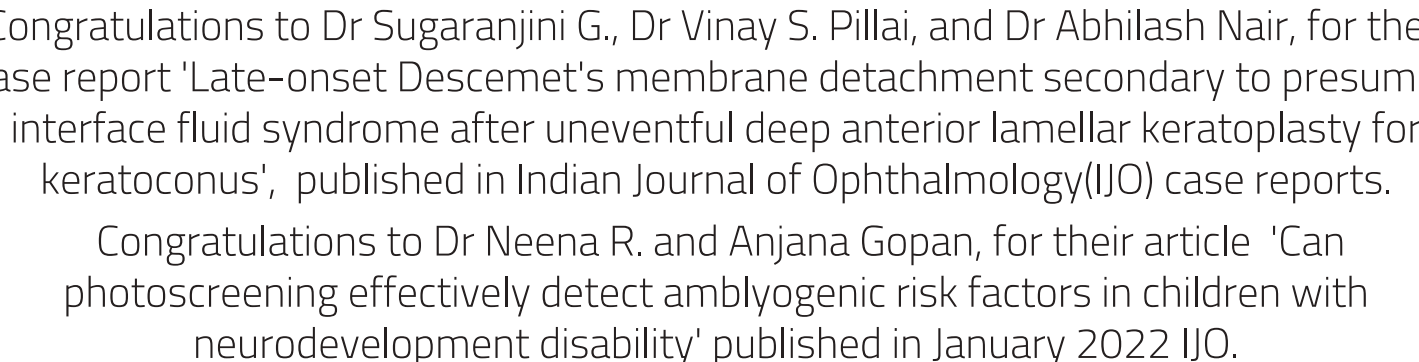
Workshop on spectacles conducted by 'Lenskart team' on 26 February 2022

### March 2022 - Organized by Dept. of Optometry



Webinar on 'Role of Specialty Contact Lens in Keratoconus and Myopia Control' conducted on 13 March 2022.

A webinar on the topic 'Amblyopia Vision' was conducted on 21 March 2022, via zoom meet, in association with Revital Vision. The programme was led by Mr. Venkitesh from Revital Vision. Around 65 optometrists participated in the webinar.



Jasmine Charan  
Susruta School of Optometry

Remya T S  
GEI Edappally

Conducted Glaucoma screening and awareness programmes at Kadavanthra, Edappally and Munnar on the occasion of World Glaucoma Week March 06-12, 2022

