

## Editor's Note

I welcome all to read the 1st edition of GEI Focus this year, the MARCH 2022 issue. The year has started on a good note, and we hope to continue work in all departments with great enthusiasm and positive energy. The 25th year celebrations continue with a great zeal. We are glad to cover the activities and programmes conducted by the departments of Medical social work, and Finance department in the months of December 2021 and January 2022. We wish to congratulate Dr. Mahesh G. Head of Department, Retina for recently being elected as Executive Committee member, Vitreo Retinal society of India (VRSI). We are glad to incorporate some lovely art work by our team members and wish to encourage all to contribute regularly to the art corner! Our main focus has been on spreading awareness and we are glad to bring the story of a young motivated artist who is using social media to spread awareness regarding various eye ailments and encourage the noble cause of eye donation! Hope you enjoy reading this issue!

- Dr Vanashree M Nair

## An interview with a young mind!

**Mr Justin: Tell us something about yourself?**

Vandana : Hi, I am Vandana Srinivasan, studying in Grade 8, at Bhavan's Vidya Mandir, Girinagar, Kochi.

**Mr Justin : what are your interests ?**

Vandana : I love art. From sketching to painting and to even to cook and bake different tasty eats, I dabble in several diverse art skills. My passion for art is probably what define me as a person, as to who I am and what I want to do for the society when I grow older.

**Mr Justin: How did you come across digital art?**

Vandana : As I communicate better through my art works, I wanted to convey varied socially relevant messages to the society. And in order to do my "society relevant creative communication", I started learning different forms of digital art. Some of my works are appreciated by Kerala Police, Judiciary and NGOs.

**Mr Justin : who were your inspirations for creating these videos ?**

Vandana : My heartfelt thanks to stalwart doctors whom I met - Dr. Giridhar, Dr. Gangadharan, Dr. Sagy Kuruttukulam and Dr. TomBabu really

helped me to motivate to do more healthcare awareness videos.

**Mr Justin: Can you tell us more about the World Braille day art created by you ?**

Vandana : I wanted to bring awareness regarding the difficulties faced by blind persons to read and write and how the Braille language is a great hope and tool for them to read, learn and do well. I wanted to highlight importance of eye donation for people to feel motivated to come ahead and pledge their eyes for betterment of those who struggle to see.

**Mr Justin: Can you tell us about you plan to make videos on eye donation ?**

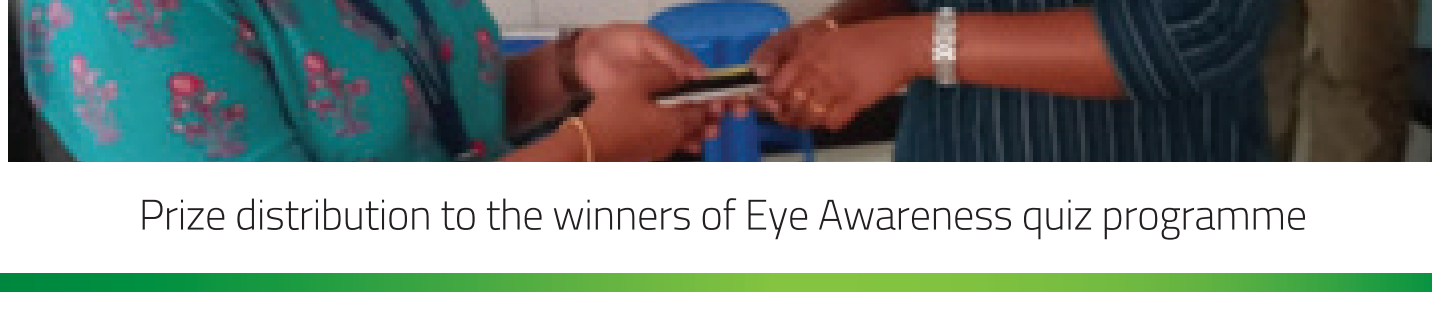
Vandana : I am keen to do videos on Eye Donation in order to make more people understand the relevance of it and add more donors. Having powerful eyesight undeniably makes a huge difference to how you see the beauty around and what better you can do to the Universe.

As an Eye Donor, you continue to live and see the world through others, even after you have moved on. It is the greatest and honourable that you are giving your precious eyesight to those deprived of it. Let us create more awareness about this important social message. Thank you!



## 25th year programmes

**December month's programme conducted by Guest Relations Department & Finance Department.**



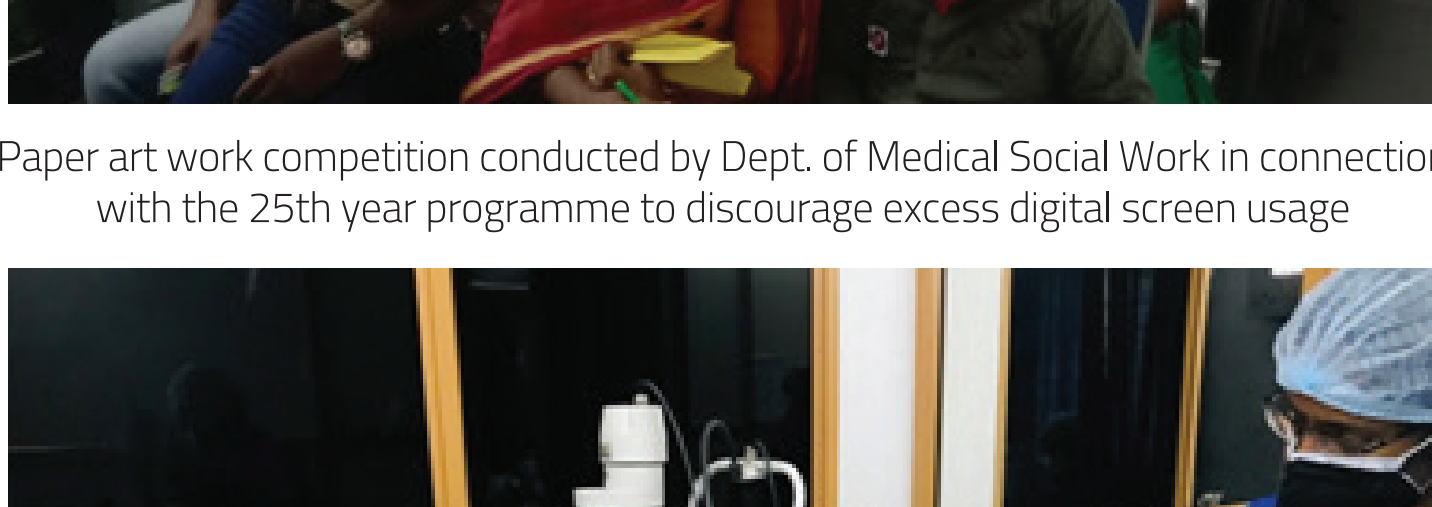
Prize distribution to the winners of Eye Awareness quiz programme

**Life is Beautiful- Online motivational training programme on 12/12/2021 for the GEI staff.**

**Trainer- Mr Abhilash Joseph (Director- Lifetech solutions)**



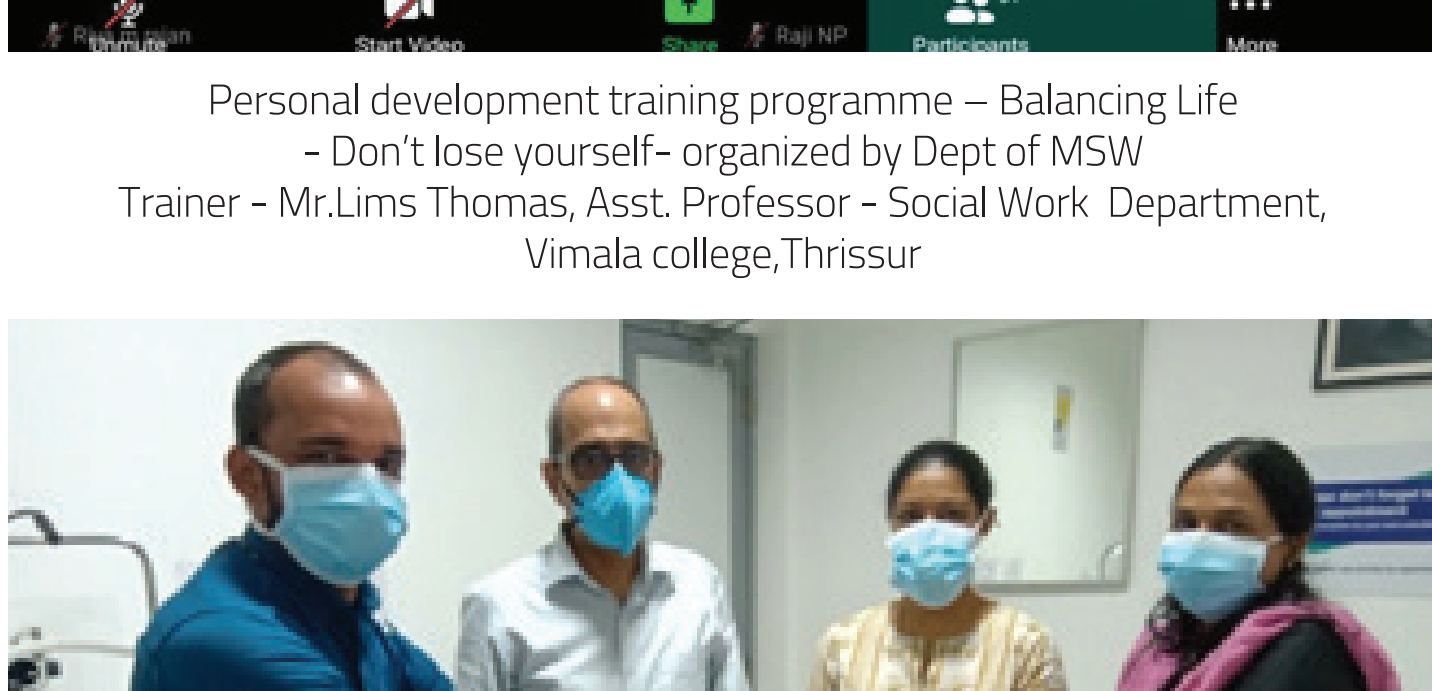
**January 2022 Programmes conducted by Medical Social Work Department and Dept. of Community Ophthalmology**



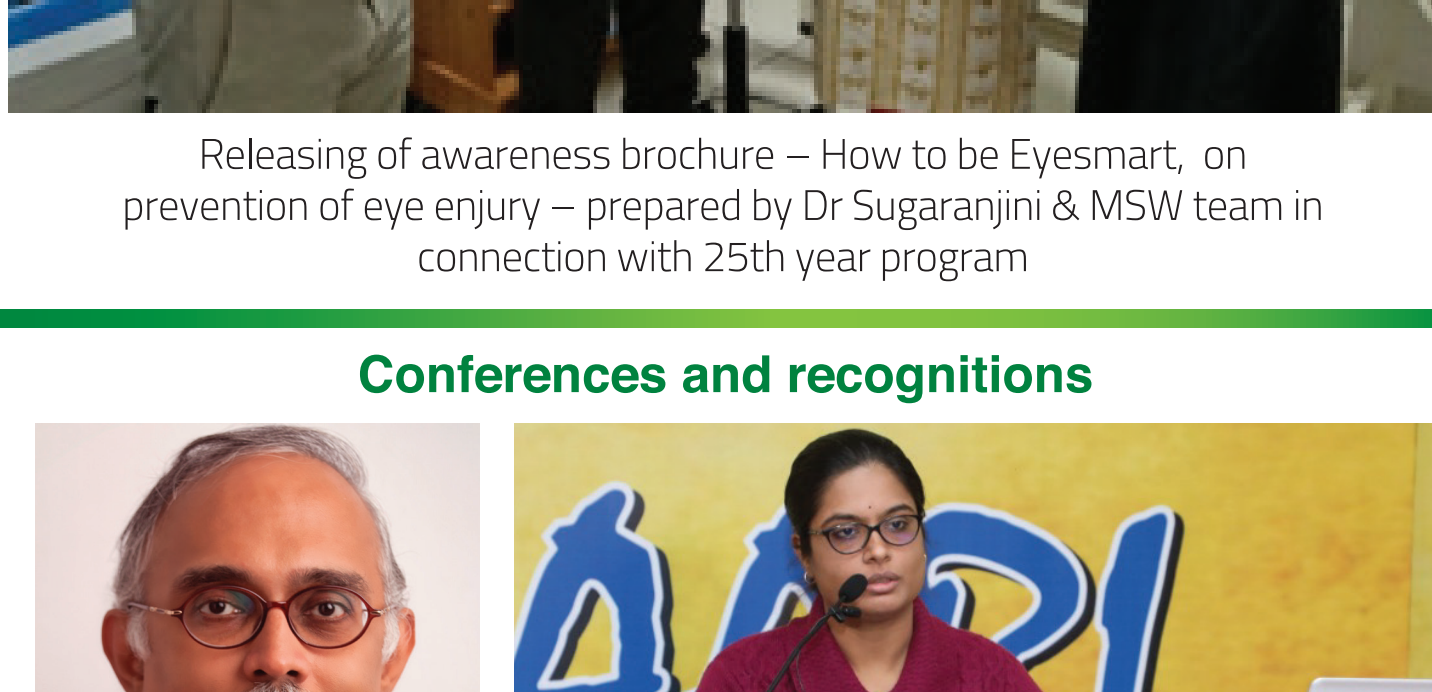
Paper art work competition conducted by Dept. of Medical Social Work in connection with the 25th year programme to discourage excess digital screen usage



Free eye screening for auto drivers of GEI Kadavanthra and Edappally taxi stand on 23/1/2022 and 26/01/2022

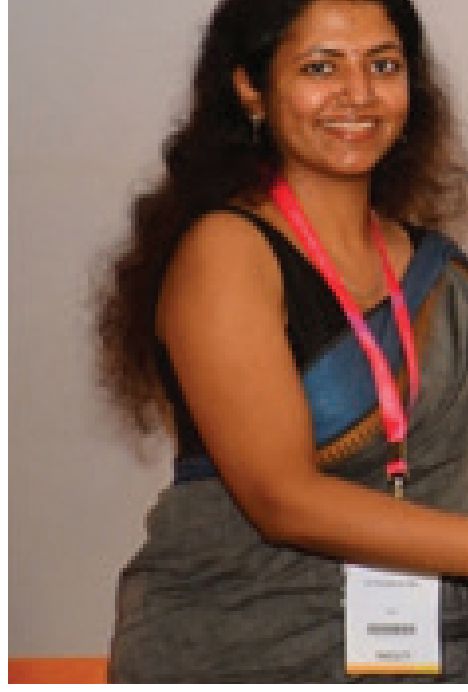


Personal development training programme – Balancing Life – Don't lose yourself- organized by Dept of MSW Trainer - Mr.Lims Thomas,Asst- Professor - Social Work Department, Vimala college,Thrissur



Releasing of awareness brochure – How to be Eyesmart, on prevention of eye injury – prepared by Dr Sugaranjini & MSW team in connection with 25th year program

## Conferences and recognitions



Dr Mahesh G. was recently elected as Executive committee Member of the Vitreoretinal Society of India.

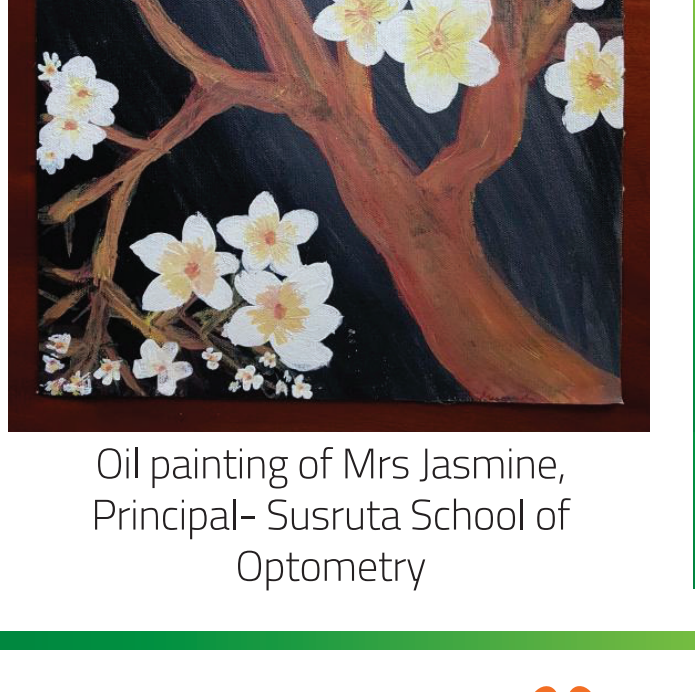


Dr Ranjini Harirajan presented a paper on Impact of online classes on eye health of children and young adults during COVID 19 pandemic, at the national level conference SPOSI in Bhopal in December 2021.

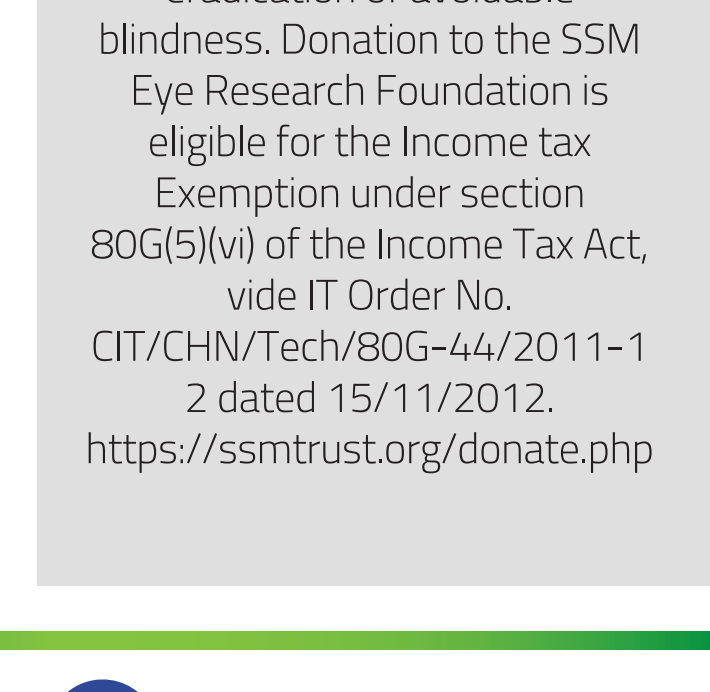


Dr Vanashree M. Nair won appreciation trophy for toughest case presented in the session of 'Complicated cataract surgery- when the going gets tough, the tough get going' IIRSI, Chennai 2021.

## Art corner



Acrylic painting by Susmi Hameed, Optometry Department



Artwork with Crayons by Sunitha Sivakumar, Finance Department



Oil painting of Mrs Jasmine, Principal- Susruta School of Optometry

SSM Eye Research Foundation has been promoted by Giridhar Eye Institute since October 2005, as a registered charitable trust with the objective of eradication of avoidable blindness. Donation to the SSM Eye Research Foundation is eligible for the Income tax Exemption under section 80G(5)(vi) of the Income Tax Act, vide IT Order No. CIT/CHN/Tech/80G-44/2011-12 dated 15/11/2012. <https://ssmtrust.org/donate.php>